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# **Transition to Adulthood Learning Collaborative**

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**FY19 Quarter 2 Meeting  
February 27, 2019**

# Housekeeping



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- All lines are in listen only mode
  - To speak, click the raise hand icon and we'll unmute your line
- If your computer does not have a mic, please use the phone for audio (phone is preferred)
  - Dial audio pin to enable audio
- Use the Question box to:
  - Communicate with us
  - Ask the speaker a question
  - Get help with technical difficulties
- Today's call will be recorded
- Agenda and slides are available in the Handouts section

# Agenda

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1. Welcome
2. Presentation, *"While There's Still Time – Transition Planning Before School Ends at Age 22"*
3. MCH Transition Project Updates
4. CSHCN Systems Development Group & Other Member Updates
5. New Publications, New & Additional Resources, Funding Opportunities, and Upcoming Events
6. Next Meeting Date & Adjourn



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# Presentation

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**While There's Still Time– Transition Planning  
Before School Ends at Age 22**

Mary Jane Williams, Executive Director  
Family to Family Network/Houston



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# MCH Transition Project Updates

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**Provider Tool**, Texas A&M  
**TexasYouth2Adult**, Family Tool, Bridging Apps  
**Transition to Adult Health Care Curriculum**,  
Stephen Hicks School of Social Work/UT



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# **CSHCN Systems Development Group Updates**

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# Meetings Sponsored or Attended

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## Conferences and Exhibits:

- Destination... Life Transition Fair & Conference, February 9<sup>th</sup>
- Mountain States Regional Genetics Network State Meeting, February 14 – 15
- Texas Transition Conference, February 20-22



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# Meetings Sponsored or Attended

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## Quarterly Work Group Meetings

- Policy Council for Children and Families, Biennial report, *"Recommendations for Improving Services with Children with Disabilities"* December, 2018
- Texas Council for Developmental Disabilities
- State Community Resource Coordination Group (CRCG) Workgroup



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# Other Member Updates

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# Transiton Survey

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Texas A&M is conducting a transition survey of health care providers (i.e. nurses, physicians, case managers, social workers, etc...)

The survey will be open through the end of June.

[https://tamuhsc.co1.qualtrics.com/jfe/form/SV\\_3wvDayr5xSdym2N](https://tamuhsc.co1.qualtrics.com/jfe/form/SV_3wvDayr5xSdym2N)



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# New Publications

## New CSHCN Community Inclusion Brochure

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Available in  
English & Spanish

Order copies [here](#)

### What Does Community Inclusion Look Like?

Inclusive communities can meet the needs of all people. They accept and welcome people with physical, intellectual, and developmental disabilities. Examples of community inclusion:

- Accessible playgrounds with playscapes and swings for wheelchairs.
- Children with and without special health care needs learning together in the same class.
- Unified sports where children with and without special health care needs play together.

### About Us

The CSHCN Systems Development Group works to improve care for children and youth with special health care needs. We partner with community-based organizations across Texas to provide support for families of CSHCN.

**Maternal and Child Health**  
Texas Department of State Health Services  
MC-1922  
P.O. Box 149347 Phone: 512-776-7373  
Austin, TX 78714-9347 Fax: 512-458-7658  
[dshs.texas.gov/mch/CSHCN.aspx](https://dshs.texas.gov/mch/CSHCN.aspx)

11/2018

### Children with Special Health Care Needs

#### A GUIDE TO COMMUNITY INCLUSION

Community inclusion is the ongoing support of children and youth with special health care needs (CYSHCN) and their families to be accepted in all aspects of a community of their choosing without exclusion or judgement. Inclusive communities are important because they give people with disabilities equal access to opportunities for

### Resources for Providers

- **National Center on Health, Physical Activity, and Disability (NCHPAD)** provides inclusion resources for community organizations, health care providers, and more. Learn more at [nchpad.org](https://nchpad.org).
- **Institute on Community Integration** provides resources and tools to increase community inclusion of people with disabilities. Learn more at [ici.umn.edu](https://ici.umn.edu).
- **National Inclusion Project** provides trainings, tools, and inclusion support for community organizations. Learn more at [inclusionproject.org](https://inclusionproject.org).

### Benefits of Community Inclusion

Inclusion helps children with special health care needs and their families:<sup>1</sup>

- Build friendships with children without special health care needs and their families.
- Realize that children with special health care needs can succeed in regular classrooms and still get support services.
- Improve health and well-being.<sup>2</sup>
- Develop a sense of belonging.<sup>3</sup>

Inclusion helps the community:<sup>4</sup>

- Create more diverse relationships.
- Teach individuals to value differences.
- Provide opportunities for people with disabilities to share their gifts with the community.

### Promote Inclusion in Your Community

Make sure your community provides:

- A welcoming and supportive environment.
- Equal opportunity to use all services.
- Accessible and reasonable accommodations.
- Dignity, respect, and privacy.
- People first language in all settings.
- Ongoing support for inclusion within the community.

**People-First Language**

People-first language is a respectful way to speak about people with disabilities. It emphasizes the person first, rather than the disability.

Focus on the person when speaking about people with disabilities. Avoid terms that label, generalize, stereotype, devalue, or discriminate.

### Resources for Parents and Families

Visit these sites to find inclusive programs, events, and sports near you:

- Children with Special Health Care Needs (CSHCN) Systems Development Group (includes adaptive and inclusive recreation program directory): [dshs.texas.gov/mch/CSHCN/CommunityInclusion.aspx](https://dshs.texas.gov/mch/CSHCN/CommunityInclusion.aspx)
- Texas Parent to Parent: [tp2p.org/resources/resources](https://tp2p.org/resources/resources)
- Navigate Life Texas: [navigate.lifetexas.org/en/services/groups/events](https://navigate.lifetexas.org/en/services/groups/events)
- Special Olympics Texas: [got4.org](https://got4.org)

5 x 8.50 in

<sup>1</sup> American Academy on Children, Youth, and Families (AACYF). *Children with Special Health Care Needs: A Guide for Families and Professionals*. 2015.  
<sup>2</sup> Institute of Medicine (IOM). *Disability in America: The Social and Economic Costs of Disability*. 2015.  
<sup>3</sup> Institute of Medicine (IOM). *Disability in America: The Social and Economic Costs of Disability*. 2015.  
<sup>4</sup> Institute of Medicine (IOM). *Disability in America: The Social and Economic Costs of Disability*. 2015.

# New Resources

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- Got Transition's *Are You Ready?* online quiz is now [Available in Spanish](#)
- Website with tools for build self-determination skills, [Beselfdetermined.com](#)
- [National Center on Advancing Person-Centered Practices and Systems \(NCAPPS\)](#)
- [TexasYouth2Adult](#) transition planning tool for families



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# New Resources

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## Texas Health Steps:

- New Course ["High Risk Behaviors in Young People: Screening and Intervention"](#)
- Case Study ["Promoting Protective Factors and Resilience Factors in Children and Adolescents"](#)



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***For all modules:*** [Texas Health Steps](#)

# Additional Resources

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Video, [Expanding Employment Options for Texans with Disabilities by Debunking Myths and Stereotypes: Debunking the Three Biggest Myths about SSI and Work](#) and, [in Spanish](#)

Video, [Supplemental Security Income \(SSI\) and SSI Work Incentives: You Can Make an Informed Choice About Work](#) and, [in Spanish](#)

These videos were developed by the National Disability Institute as part of the [Understanding Employment Options and Supports](#) project, which includes additional videos and online training. The project was funded by the Texas Council for Developmental Disabilities.



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# Additional Resources

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## Don't forget:

- [Navigate Life Texas](#)
- [Navigate Life Texas/Transition to Adulthood](#)



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# Funding Opportunities

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- [Innovations in Care Coordination for Children and Youth with ASD and Other Developmental Disabilities Program](#)

Due 3/8/19

Funded by HRSA Maternal & Child Health Bureau

Be Self Determined, Mini Grants,

- <https://www.beselfdetermined.com/blog/2019-grant-opportunity/> for students and educators (PreK-postsecondary)



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# Request for Input



## Call for Comments: Got Transition is Updating the Six Core Elements of Health Care Transition

[Got Transition](#) is seeking feedback from health care clinicians (physicians, nurses, social workers, etc.), researchers, government agencies, youth/young adults, family members, and others to update the Six Core Elements of Health Care Transition. To offer your comments on the Six Core Elements and accompanying tools, please click on this [SurveyMonkey link](#).



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# Upcoming Events

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Texas A&M, Center on Disability and Development

## **“Success for Today and Tomorrow Conference: Reaching for the STARS”**

March 2, 2019  
College Station

It's Free!

**Register [here](#)**



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# Upcoming Events

Association of Maternal & Child Health Programs  
(AMCHP)

[Annual Conference](#), March 9 -12, San Antonio

Concurrently: Two day program sponsored by  
the [Texas Youth Action Network](#) to:

- Promote youth-adult partnerships
- Empower youth
- Build programs & policies that respond to the needs of young people

Open to attendees at no extra cost but asked  
to register by tomorrow, February 28<sup>th</sup>



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**YOUTH AND ADULTS, BETTER TOGETHER!**  
*You're never too young or too old to change the world!*

# Upcoming Events

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## Governor's Committee on People with Disabilities

### Upcoming Webinars:

March 5: Disability Awareness Month, 10 am, [Everything You Need to Know About Developmental Disabilities in Texas](#) featuring Beth Stalvey, Executive Director, Texas Council on Developmental Disabilities

March 9: Accessibility and Disability Policy series, [Top Tips for Tip Top Transition](#), 10 am, featuring Elizabeth Danner, Transition Specialist at ESC 13



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# Upcoming Events

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Texas State Independent Living Council (SILC)  
in partnership with the Valley Association for  
Independent Living (VAIL) presents:

The logo for "Transportation Works" features the word "TRANSPORTATION" in a bold, sans-serif font above the word "WORKS" in a larger, bold, sans-serif font. The letter "O" in "WORKS" is replaced by a yellow gear with a black outline, and a black wheelchair icon is centered within the gear. The background of the logo is a light gray with a subtle pattern of yellow and black geometric shapes.

TRANSPORTATION  
WORKS

Thursday, March 21, 2019 from 9:00 AM  
to 5:00 PM (CDT)

Embassy Suites McAllen/Convention  
Center  
800 Convention Center Blvd  
McAllen, TX 78501

## **REGISTRATION:**

<https://bit.ly/2E8auJ7>

# Upcoming Events



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## Save the Date Route 66 Parent Conference Saturday March 30, 2019

Central Church of Christ  
1401 South Monroe St.  
Amarillo, Tx 79101



**A FREE Parent Conference for families of children with disabilities or special healthcare needs, self-advocates, family members, educators, service providers, and other interested community members. Topics will include:**

Special education, mental health, transition, advocacy, behavior, care for the caregiver, resources, parent leadership, and much more...

This conference is  
presented in  
partnership with:



Texas Parent to Parent  
(866)896-6001



Uniting Parents  
(888)892-2273



Coalition of  
Health Services, Inc.  
(888)892-2273

Register [here](#)

# Upcoming Events

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## Texas Parent to Parent

### **Pathways to Adulthood** workshops:

April 5: Beaumont

April 6, Houston

April 12, San Antonio

Registration is [here](#)

### **SAVE the DATE:**

### **15<sup>th</sup> Annual Statewide Conference,**

June 21 -22, in San ANTONIO

[Call for exhibitors & sponsors](#)

Registration opens soon!



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# Upcoming Events

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## **Accepting Applications!**

Texas A&M University

### **Project LEAP**

Leadership, Employment, and Advocacy Project

LEAP I – June 7 -16, 2019 (deadline May 3<sup>rd</sup>)

LEAP II – July 19-26, 2019 (deadline June 14<sup>th</sup>)

[Register online](#)

# Upcoming Events

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**SAVE the DATE!**

**Mission Possible: All Systems Go!**

2019 Texas System of Care (TxSOC) and  
Community Resource Coordination Group  
(CRCG) Conference

July 17-19, 2019  
Hilton Austin Airport Hotel

[Call for Presenters](#)  
[Proposals due April 1](#)



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# Our Next Meetings

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## **Medical Home Learning Collaborative**

April 17, 2019

10 am – 11:30 am via webinar



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## **Transition to Adulthood Learning Collaborative**

May 15, 2019

Noon – 1:30 pm via webinar



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# **We Want to Hear from You!**

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**Please take our survey after this meeting.  
We value your feedback!**

**Thank you!!**



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# Thank you!

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